Topics are the basic and regularly general thoughts investigated in an abstract work. Isolation as the Consequence of Independence - For Edna Pontellier, the hero of The Awakening, freedom and isolation are relatively indivisible. The desires for custom combined with the restrictions of law gave ladies of the late 1800s not very many open doors for individual articulation, also freedom. Anticipated that would play out their household obligations and care for the wellbeing and bliss of their families, Victorian ladies were kept from looking for the fulfillment of their own needs and needs. Amid her steady arousing, Edna finds her own character and recognizes her enthusiastic and sexual wants. At first, Edna encounters her freedom as close to a feeling. When she swims out of the blue, she finds her own quality, and through her quest for her sketch she is helped to remember the delight of individual creation. However when Edna starts to verbalize her sentiments of autonomy, she before long meets obstruction from the limitations -most remarkably, her significant other - that wear out her dynamic life. Furthermore, when she settles on the choice to forsake her previous way of life, Edna understands that autonomous thoughts can't simply convert into an all the while independent and socially worthy presence. At last, the energy that Robert feels for Edna isn't solid enough to join the sweethearts in a genuine association of psyches, since in spite of the fact that Robert's enthusiasm is solid enough to make him feel torn between his adoration and his feeling of good integrity, it isn't solid enough to influence him to rule for his affection. The note Robert leaves for Edna clarifies to Edna the way that she is eventually alone in her enlivening. When Robert declines to trespass the limits of societal tradition, Edna recognizes the significance of her isolation.

The Implications of Self-Expression - Edna's disclosure of approaches to convey what needs be prompts the disclosure of her since a long time ago curbed feelings. Amid her enlivening, Edna learns somewhere around three new "dialects." First, she takes in the method of articulation of the Creole ladies on Grand Isle. In spite of their purity, these ladies talk unreservedly and share their feelings transparently. Their bluntness at first stuns Edna, however she before long discovers it freeing. Edna discovers that she can confront her feelings and sexuality specifically, without dread. When her Creole companions demonstrate her that it is alright to talk and consider one's own sentiments, Edna starts to recognize, name, characterize, and verbalize her feelings. Edna additionally figures out how to convey what needs be through workmanship. This exercise happens in
Chapter IX, when Edna hears Mademoiselle Reisz perform on the piano. While already music had called up pictures to her brain, the mademoiselle's piano playing blends her deeperly: "she saw no photos of isolation, of expectation, of aching, or of sadness. Be that as it may, the specific interests themselves were stimulated inside her spirit, influencing it, lashing it, as the waves day by day beat upon her amazing body." As the music stops to invoke pictures in Edna's brain, it moves toward becoming for Edna a kind of call to something inside herself. Furthermore, Mademoiselle Reisz has felt that she and Edna have been imparting through the music: noticing Edna's "fomentation," she says that Edna is "the just a single" at the gathering who is "worth playing for." Once Edna knows about music's capacity to express feeling, she starts to paint as she has never painted. Painting stops to be a redirection and moves toward becoming rather a type of genuine articulation. From Robert and Alcée, Edna figures out how to express the affection and energy she has kept mystery for such a long time. Likewise with her different procedures of dialect learning, Edna finds that once she takes in the "vocabulary" with which to express her needs and wants, she is better ready to characterize them for herself. An example rises—Edna can take in a dialect from a man however then outperform her instructor's utilization of her freshly discovered type of articulation. For instance, while Adèle instructs her that they can open up to each other, Edna before long needs to apply this straightforwardness to all aspects of her life. What's more, despite the fact that Robert shows her the dialect of sexuality, she needs to talk this dialect boisterously, in a manner of speaking, while Robert still feels social strain to whisper.